

RELAX: Your Redeemer is Working

A prayer guide
based on Ruth 3:18.



RELAX

"Sit back and relax, my dear daughter, until we find out how things turn out... he's going to get everything wrapped up today."

Ruth 3:18 The Message

An acronym for **RELAX** to help you do just that, while you wait on your Redeemer.

Recline into His arms. Feel His
Embrace and His love for you.
Let go of your desires and your
Agenda and plans.
eXhale your fear and worry.

Recline. Lean on. Lie back and rest.

Consider His character. Praise Him for what you need Him to be for you today. See Psalm 103:1-6

Embrace. Feel His arms around you.

Remind yourself how much He loves you and that He gave His life for you. See 1Peter 2:24

Let Go. Let your guard down.

Trust Him to protect you. What self-defensive stance do you need to release? See Psalm 62:1-2

Handwriting practice lines consisting of five sets of horizontal lines (solid top and bottom lines with a dashed middle line) for practicing letter formation.

Agenda. Examine your desires.

Is your will in line with His? Share your heart with Him then come into agreement with Him. See Matthew 6:10

Handwriting practice lines consisting of five horizontal lines: a solid top line, a dashed midline, and a solid bottom line, with two blank lines above and below the writing area.

exhale. Deep breath in. Deep breath out.
Let your worries and fear rise to the surface.
Release them all to Him. See 1Peter 5:7

Amen. Let it be so.
Thank Him for He is good and His steadfast love
endures forever. See Romans 8:28



Unraveled Love

A free resource from UnraveledLove.com.