

Praying the Psalms

Make Jesus's prayers yours.

Read the Psalm.

Listen.

What speaks to you right now?
Why does it resonate with you?

Pray.

Take the entire psalm as your own or focus on one part and expand it.

Make it personal.

- Ask for the blessing described in the psalm.
- Insert the details of your personal story.
- Intercede for those you know whose lives are portrayed in the psalm.
- Praise God with the psalmist's words.
- Thank God alongside the psalmist.

Let the word of Christ dwell in your richly...
singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.
Colossians 3:16 ESV

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