

## Praying the Psalms

Make Jesus's prayers yours.

### Read the Psalm.

#### Listen.

What speaks to you right now?  
Why does it resonate with you?

#### Pray.

Take the entire psalm as your own or focus on one part and expand it.

#### Make it personal.

- Ask for the blessing described in the psalm.
- Insert the details of your personal story.
- Intercede for those you know whose lives are portrayed in the psalm.
- Praise God with the psalmist's words.
- Thank God alongside the psalmist.

Let the word of Christ dwell in your richly... singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.

Colossians 3:16 ESV

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